**ACTIVITY 1**

Take about 10 minutes to brainstorm, discuss, and list all the ways you can think of to sabotage a group assignment. Anything they can think of is fair game – it just needs to be something disruptive enough to drive a team task right off the rails!

Once you have a good-sized list of ways (at least 5) to sabotage a group assignment submit your response.

Next, after class discussion you will produce a 5- to 10-point contract with agreed-upon guidelines for a [successful group work](https://positivepsychology.com/positive-psychology-groups/). You should draw from the sabotage ideas (i.e., what not to do for successful group work) to identify good ideas (i.e., what to do for successful group work).

For example, if a group listed “do not communicate with any of the other group members” as a way to sabotage the group assignment, they might come up with something like “communicate with other group members often” as a guideline for successful group work.